




increase affected tissue perfusion via appropriate cardio-respiratory exercise, eat more alkaline-ash forming foods, eat more fresh oily fish and an abundance of omega 6 nuts, improve your body mass index...

<p>NSAID: non-steroid anti-inflammatory drugs</p>	<p>Proteolytic Enzymes Wobenzym® or Phlogenzym®</p>	<p>Aloeride® aloe vera capsules</p>	<p>fytoSil with MSM and Glucosamine</p>
<p>extremely potent anti-inflammatory action with Prescribed Only Medication, not so much with Over The Counter NSAID</p>	<p>natural anti-inflammatory action widely used in sports medicine</p>	<p>in dosage of 4 capsules a day useful for peripheral inflammations when both NSAID or Proteolytic Enzymes cannot be tolerated</p>	<p>effective natural anti-inflammatory help which at the same time, over time re-builds structure; hospital research shows this unique silica supplement to improve bone density</p>
<p>cannot be used by those allergic to aspirin or with history of stomach problems (gastric erosion, stomach ulcers)</p>	<p>proven safe alternative to NSAIDs for those allergic to aspirin</p>	<p>in lower dosage famous for control of irritation and inflammations along the digestive tract</p>	<p>dosage 20mL 3x/day then reduce to 20mL/day as symptoms allow</p>
<p>in addition to cost of NSAID, the cost to the National Health Service for NSAID-related gastrointestinal adverse effects is some £331 million in co-prescribing and some £36 million in hospital costs</p>	<p>enzymes uniquely clear up the debris from tissue damage</p>	<p>can be used in conjunction with fytoSil MSM / Glucosamine</p>	<p>uniquely highly absorbable silica and glucosamine (structure) with MSM (inflammation and structure)</p>
<p>suppress inflammatory response, but do nothing towards re-building structure</p>	<p>often not tolerated by those with ulceration in the digestive tract</p>	<p>300+ molecule types within Aloeride® provide wide a spectrum of support nutrients</p>	
	<p>enzymes also do nothing for re-building structure</p> 		

<http://www.aloeride.com/categories/All-Products/Inflammation/>